

Barbour Hill Trail

Hiking + Biking, 1.4 mi
Difficulty: Easy
Blaze color: **Gold**

Cemetery Trail

Hiking only, 0.9 mi
Difficulty: Moderate
Blaze color: **Dark Blue**

Dudley Island Loop Trail

Hiking + Biking, 1.3 mi
Difficulty: Easy
Blaze color: **Brown**

False Cape Landing Trail

Hiking only, 0.7 mi
Difficulty: Easy
Blaze color: **Gray**

Maple Leaf Trail

Hiking + Biking, 0.7 mi
Difficulty: Easy
Blaze color: **Yellow**

Maritime Trail

Hiking only, 0.7 mi
Difficulty: Moderate
Blaze color: **Orange**

Marsh Ridge Trail

Hiking + Biking, 0.7 mi
Difficulty: Easy
Blaze color: **Light Green**

Ocean Pearl Trail

Hiking + Biking, 0.4 mi
Difficulty: Moderate
Blaze color: **Dark Blue**

Sand Ridge Trail

Hiking + Biking, 6.2 mi
Difficulty: Moderate/Difficult
Blaze color: **Dark Green**

Sandy Point Trail

Hiking + Biking, 0.8 mi
Difficulty: Easy
Blaze color: **Light Brown**

South Inlet Trail

Hiking only, 0.3 mi
Difficulty: Easy
Blaze color: **Red**

Sundew Trail

Hiking only, 0.4 mi
Difficulty: Easy
Blaze color: **Purple**

Vir-Mar Trail

Hiking + Biking, 0.3 mi
Difficulty: Easy
Blaze color: **Black**



To Back Bay Visitor Center,
approx. 4 miles

- Boat Dock
- Campsites
- Lodge
- Point of Interest
- Pollinator Habitat
- Restroom
- Scenic Viewpoint
- Shelter
- Visitor Center

- Hiking trail
- Difficult Sandy Surface
- False Cape State Park
- Other Public Lands

North



0 1/2 Kilometer
0 1/2 Mile

VIRGINIA
False Cape State Park